Essentials 20 Plan Summary

Deductible, coinsurance and copay represent WHAT YOU PAY. Benefits apply after calendar year deductible is met, unless otherwise noted as "no deductible," "copay" or "covered in full."

IN = In-network **OUT** = Out-of-network	OPTION 1		OPTION 2	
Select one of two Plan Deductible options:	**IN**	**OUT**	**IN**	**OUT**
Annual Deductible (Individual) PCY	$2,500	$5,000	$5,000	$10,000
Coinsurance* (What you pay)	20%	50%	20%	50%
Annual Coinsurance Maximum per individual, PCY	$3,000	$12,000	$3,000	$12,000
Out-of-Pocket Maximum (Deductible + Coinsurance Max)	$5,500	$17,000	$8,000	$22,000
Office Visit Cost Share	20%	50%	20%	50%

COVERED SERVICES	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER**
PREVENTIVE CARE		
Preventive Exams (includes routine medical exam, sports physical, men's and women's health exam and well baby exam) $300 PCY	Covered in full ‡	Deductible applies first, then you pay 50%
Preventive Screenings (includes Pap smear, PSA testing, home colon cancer screening, cholesterol screening and bone density test)	Covered in full ‡	Deductible applies first, then you pay 50%
Immunizations (unlimited)	Covered in full ‡	Deductible applies first, then you pay 50%
HEALTH EDUCATION		
Health Education & Wellness $200 PCY †	Covered in full ‡	Covered in full ‡
Nicotine Dependency Treatment $200 PCY †	Covered in full ‡	Covered in full ‡
PROFESSIONAL CARE		
Office Visit and Urgent Care	Deductible applies first, then you pay 20%	Deductible applies first, then you pay 50%
Inpatient and Outpatient Professional Services	Deductible applies first, then you pay 20%	Deductible applies first, then you pay 50%
ALTERNATIVE CARE		
Spinal & Other Manipulations (includes chiropractic)	Deductible applies first, then you pay 20%	Deductible applies first, then you pay 50%
Acupuncture & Naturopathic Services 12 shared visits PCY	Deductible applies first, then you pay 20%	Deductible applies first, then you pay 50%
DIAGNOSTIC SERVICES		
Diagnostic X-ray & Imaging	Deductible applies first, then you pay 20%	Deductible applies first, then you pay 50%
Laboratory Services	No deductible; you pay 20%	Deductible applies first, then you pay 50%
Mammography	Covered in full ‡	Deductible applies first, then you pay 50%
PHARMACY		
Prescription Drug Benefit (up to 30-day supply)	Deductible applies first, then you pay 20%	Deductible applies first, then you pay 20%
EMERGENCY CARE		
Emergency Room Care (no copay if admitted)	$100 Copay per visit; deductible applies and then you pay 20%	$100 Copay per visit; deductible applies and then you pay 20%
Ambulance Transportation (air and ground)	No deductible; you pay 20%	No deductible; you pay 20%
FACILITY CARE		
Outpatient Care	Deductible applies first, then you pay 20%	Deductible applies first, then you pay 50%
Inpatient Care (hospital room and board)	Deductible applies first, then you pay 20%	Deductible applies first, then you pay 50%
Skilled Nursing Facility 60 days PCY	Deductible applies first, then you pay 20%	Deductible applies first, then you pay 50%
OTHER SERVICES		
Rehabilitation (including Physical, Occupational, Speech, Massage Therapy; Chronic Pain; Cardiac & Pulmonary Rehabilitation) Outpatient: 20 visits PCY; Inpatient: 20 days PCY	Deductible applies first, then you pay 20%	Deductible applies first, then you pay 50%
Behavioral Health Care/Mental Health Outpatient: 10 visits PCY; Inpatient: 7 days PCY	Deductible applies first, then you pay 50%	Deductible applies first, then you pay 50%
Home Health Care (covered only if prescribed in lieu of hospitalization)	Deductible applies first, then you pay 20%	Deductible applies first, then you pay 50%
Hospice Care Inpatient: 10 days; Respite: 240 hours; home visits unlimited	Deductible applies first, then you pay 20%	Deductible applies first, then you pay 50%
Transplants $250,000 lifetime benefit	Deductible applies first, then you pay 20%	Not covered
LIFETIME MAXIMUM	$3 Million	$3 Million

* All coinsurance amounts are the member's percentage of allowable charges after deductible.

** Balance billing may apply when an out-of-network provider is used.

‡ Benefits provided at 100% of allowable charges; not subject to deductible or coinsurance.

† $200 PCY applies to both health education & wellness and nicotine dependency treatment. Diabetes education not subject to PCY limit.

NOTE: All coinsurance amounts are based on allowable charges.

PCY = Per Calendar Year

HEALTH PLAN OF ARIZONA

This is only a summary of the major benefits provided by our Essentials 20 plans. It is not a contract.

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